APIMONDIA SCANDINAVIA 2025
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PP-332 [Apitherapy]

Bee Air Therapy:

A Natural Approach to Human Well-Being

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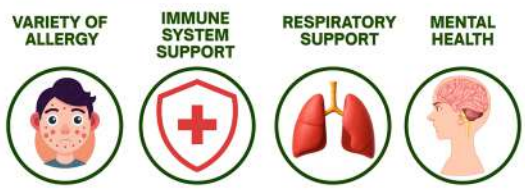
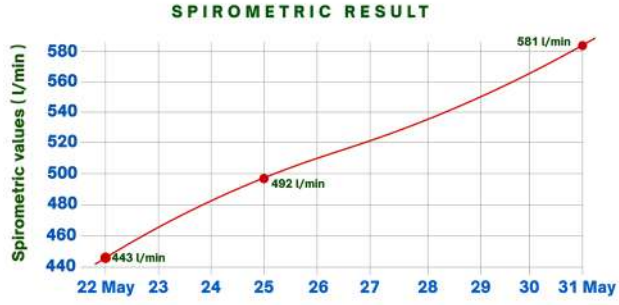
BEE CLINIC
KLINIKË BLETE

BEST APITERAPI BATLLAVË

CLINICAL CASE:
Asthma
Nasal Mucus
Oral/airway Mucus
Male, 45 years of age



SPIROMETRIC RESULT



SPIROMETRY

BEE AIR THERAPY

PROPOLIS STEAM THERAPY

SUMMARY OF RESULTS

Spirometer assessments demonstrated a clear upward trend across the monitoring period. Measurements increased from 443 on the 22nd to 492 on the 25th, and further to 581 on the 31st. A linear regression line of best fit indicates a consistent positive trajectory, suggesting progressive improvement in respiratory function over time.

CONCLUSION

These findings confirm a novel and holistic method in treating asthmatic patients. The increase in expiratory time with the forgone removal of the asthmatic pump suggest a successful conclusion.

PP-332 [Apitherapy]
"Treatment with bee air"

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Beekeper - Village: Batllave, Municipality of Podujeva - Republic of Kosova

The 45-year-old patient with pulmonary problems was treated with 18 sessions of bee air and propolis steam at the bee clinic.
With the permission of the 45-year-old patient, we present to you his card, which one was treated with bee air last year, from May 21 to May 31, 2024. This card of our clinic is printed in Albanian and I feel obliged to give you every explanation, even in detail.
- On May 21: An allergy test was performed. The next day we realized that the patient did not have any reaction and that his body accepts bee products.
- On May 22: The patient underwent a spirometry, where the result was 443 l/min, where for this age and body height, the normal parameter should be around 583 l/min.
- After three sessions, on May 23, the patient informs us that last night he stopped using the preventive spray (Preventive Inhaler).
- In session no. 7 (May 24), spirometry shows a positive change in breathing (492 l/min), for 49 l/min. increase in respiratory capacity.
- In session no. 14 (May 29), we offered the patient the propolis vapor treatment for the second time.
After consultation with the patient, taking into account his mood, we agreed that the 18th session (May 31) would be the last, and in this case, his spirometry was 581 l/min.
During the treatment of 16 sessions with bee air and two sessions with propolis vapor, the patient noticed a positive change in spirometric respiratory parameters, where after the third session he removed the preventive spray from use and at the end of the 18th session, the respiratory capacity increased by 138 l/min, from the initial 443 l/min to 581 l/min.
For a 45-year-old patient with a body height of 178 cm, the normal respiratory capacity should be 583 l/min, based on the standard spirometry list.
Based on experience and literature, we have come to the conclusion that: three factors determine the successful treatment of this category of patients:
• The month of may,
• Convenient inhaler and
• The combination of sessions with bee air and propolis steam.