

PP-699 [Apitherapy]

The Role Of Apitherapy And Ayurvedic Integrative Approaches In The Impact Of Functional Bee Products On Chronic Health Conditions: Case Studies And Real-World Evidence

Aadyasha Sharma

Hi-Tech Natural Products India Ltd. (HNPL), Delhi India and

Office: No: 6, CSC Delhi Development Authority Market, GTB Enclave, Delhi - 110095, INDIA

e-mail: saadyasha@gmail.com | aadyasha@hnplindia.com www.esuperbee.com

An attempt to investigate on the role of bee products and ayurvedic herbal extracts through integrative approach has been made in human chronic diseases management. During the last five years 2020-2025 at Hi-Tech Natural Products India Ltd. (HNPL) New Delhi. Some of the bee products such as, propolis tincture, royal jelly powder, bee pollen, and honey vinegar-infused with Ayurvedic herbs were tested using standard protocols and procedures to over 200+ individuals. The outcomes, gathered from patient testimonials, medical reports, and video documentation, demonstrate significant health improvements in areas such as prostate health, diabetes, PCOS, and neurological conditions. One of the most notable cases is of a prostate cancer patient, whose prostate volume was reduced from 68cc to 10cc in just 40 days through the use of propolis tincture. Additionally, honey vinegar, formulated with Ayurvedic herbs, has helped patients with type-2 diabetes by significantly improving blood sugar and cholesterol regulation within three months of regular consumption. The paper also highlights the effectiveness of propolis tincture in regulating menstrual cycles for women with PCOS, with improvements documented over six months. Patients suffering from neurological conditions, including one with multiple sclerosis, regained mobility and significant health improvements after using royal jelly powder and bee pollen for three months. Beyond these conditions, the case studies indicate that bee products have contributed to enhanced immunity, cardiovascular health, and kidney function, with several patients reversing their dependency on dialysis. These anecdotal findings, supported by real-world evidence and personal testimonies, underscore the potential of combining apitherapy with Ayurvedic wisdom to manage chronic health conditions holistically. The evidence presented in this paper highlights the therapeutic value of bee products in addressing long-standing health issues, offering a new dimension to apitherapy's role in health and wellness. The results call for greater exploration into the potential of functional bee products, particularly in the context of Ayurvedic integration, to support holistic healing practices.